

Indigenous Peoples' Food Systems and Nutrition: Finding Solutions in Local Cultures and Environments

Session Description & Objectives:

The overall goal of the symposium is knowledge exchange on research of our Task Force related to Indigenous Peoples' food systems. Speakers will present results of food system documentation and health promotion interventions with cross-cutting themes on nutrition policy, human rights and indigenous health. This effort is the culmination of our program of deliberately diverse case studies of Indigenous Peoples in different parts of the world whose traditional food systems can help to ensure food security and enhance resilience to issues of undernutrition as well as obesity and chronic diseases. Three free communications as short sessions on related topics close the symposium.

Session Chair & Co-Chair:

Chair: Dr. Harriet Kuhnlein, Canada

Co-chair: Dr. Suttalak Smitasiri, Thailand

Session Topics & Speakers:

Topic 1: *Public Policy and Nutrition of Indigenous Peoples*

Speaker: Dr. Harriet V Kuhnlein, Canada

Topic 2: *Culture, Environment and Agriculture for Food Security of Indigenous Peoples: Lessons From the Thai Karen*

Speakers: Dr. Solot Sirisai, Thailand

Topic 3: *Health Promotion in Awajun Communities in Peru*

Speaker: Hilary Creed-Kanashiro, United Kingdom

Topic 4: *Going Local with Traditional Food in Pohnpei, Federated States of Micronesia*

Speaker: Dr. Lois Englberger, Federated States of Micronesia

Topic 5: *Global Circumstances of Nutrition and Health of Indigenous Peoples*

Speaker: Dr. Gail Harrison, USA

Topic 6: *Indigenous Peoples and the Right to Food Perspective*

Speaker: Dr. Siri Damman, Norway

Short Sessions

High Iron Intake from Traditional Food and Anemia in Inuit: The Paradox

Speaker: Jennifer Jamieson, Canada

Nutrition Values of Thai Foods with Herbal Plants

Speaker: Parichart Changsingha, Thailand

Promotion of Traditional Knowledge and Foods to Youth Using Elder Stories in DVD Format

Speaker: Sennait Yohannes, Canada